

PSYCHOLOGY (PSYC)

PSYC 101 Introduction to Psychology (5 Credits)

From individual behavior to organizational performance, psychologists use scientific principles and methods to understand why humans think, feel and act the way they do. In this course, students examine fundamental psychological processes — from perception and cognition to intelligence and motivation — to better understand themselves and others.

Attributes: Social/Behavioral Sciences

PSYC 126 A Psychology of Self (5 Credits)

The human capacity for introspection and its influence on self-awareness, motivation and identity has intrigued psychologists and philosophers for centuries. Students in this course analyze mental processes influencing cognition, emotions and behavior that shape understanding of self and others.

Attributes: Social/Behavioral Sciences